

SPRING
2018



allsorts newsletter

For families who have children with
disabilities or additional needs



Editor's message

Welcome to our spring newsletter. We hope you had a fantastic Christmas holiday!

Have a look at what is coming up in 2018 - we have an exciting programme!

The spring newsletter covers the whole of the spring term right up to the end of April.

The Allsorts office number is 01453 750474. Please note that the Allsorts office hours vary from day to day and the office phone will not be manned all of the time. If you have an urgent enquiry, please check the back page of this newsletter for the contact details of the appropriate member of staff.

I hope you have a fun term, the next newsletter will be out in April 2018.

Sally



How to contact us

Email us at info@allsortsglos.org.uk, or telephone us on **01453 750474**

Write to Allsorts, The Exchange, Brick Row, Stroud, Gloucestershire, GL5 1DF.

Visit www.allsortsglos.org.uk

Follow us on Facebook at 'Allsorts Gloucestershire' Follow us on Twitter @allsortsglos



Membership

To help us keep our records up to date please let us know if you have had a change of address or personal details.

We regret that any members who do not renew their membership will no longer be able to use our services. The annual membership fee is:

£5 per family

£20 per group

If you would like to join Allsorts and benefit from the activities we provide please contact us for a membership form or download one from our website.

Please remember we do operate a 'try before you buy' policy!

Please return your completed forms to us together with a cheque made payable to 'Allsorts' (or pay online - see details on page 1). Thank you.

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Allsorts Booking and Payment Information

To book trips please return the enclosed booking form to us at the address on the back page, or email it to info@allsortsglos.org.uk. We will contact you to confirm arrangements for trips. Bookings will be confirmed by email unless requested otherwise.

Payments for trips and activities

Please pay in advance for all trips, sports activities and youth clubs.

Cheques payable to 'Allsorts Gloucestershire'.

Online payments

Sort code 40-52-40

Account number 00012465

Please add your surname and the trip/activity as your reference.

Please note that ticketed activities are non-refundable unless we can fill your place.

Transport for trips

For some trips we provide transport from pick up points and this is indicated in the trip description. Payment for transport should be made in advance with your booking and is non-refundable unless we fill your place.

If you have problems with transport then please let us know as we may be able to arrange lift shares or suggest other means of transport. You may be asked for a contribution towards petrol costs at a suggested £3 per person.

Bus services: 01452 426343
www.gloucestershire.gov.uk/travel

Planning the programme of outings and events

Please let us know if you have any suggestions for future outings and events.

If the cost of joining Allsorts or an activity is stopping you from getting involved please do get in touch, or indicate this on the booking form as we may be able to help.

There will be Allsorts staff available to help out on all trips and events. However if the trip is for families, parents and carers will be responsible for their own children at all times. If you have any specific needs then please indicate this on the booking form or let us know and we will contact you.

If you have any questions regarding any booking, contact us on 01453 750474 or email info@allsortsglos.org.uk.



Allsorts Toy Library

The Toy Library provides specialist toys and equipment for children and young people aged 0-25 with any disability or additional need. There are regular lending sessions at the Trinity Rooms, Field Road, opposite the Maternity Hospital in Stroud, GL5 2HZ.

Please see the diary dates on page 10 – 20 for sessions and times.

Here are details of some exciting new toys and equipment:

A99 **Another classic balance bike with a mini saddle specifically designed for children aged 18 months – 5 years old.**

D35 **'Magformers' – an exciting 3D magnetic construction toy.**

D37 **'Mini Squigz' – another fun construction set - great for playful experimentation and creative play.**

D38 **Lego 'Classic' set with over 200 pieces and instructions for several models.**

P56 **Vehicles Sound Puzzle Blocks – 6 realistic vehicle sounds play when 2 puzzle halves come together on the base.**

PP63 **'Toot-Toot Drivers' Repair Centre – an interactive repair shop encouraging motor skills, language development and imaginative play.**

S73 **Sensory Jumbo Ooze Tube - fascinating to watch!**



For information about our weighted resources, please check out the 'Useful Documents' section via 'Downloads and Resources' on our website.

Book toys online

Click on the blue Toy Library ribbon on our website then browse and reserve online and collect from our specialist toy and equipment library

Everyone can see the full range of toys and equipment available, but only full members can reserve items. To reserve an item you must log in using your Allsorts Family Membership Number. If you don't have a membership number, please email us at info@allsortsglos.org.uk or telephone on 01453 750474.

On the Toy Library page search for any item (e.g. sensory), keywords (e.g. autism), name (e.g. bike), or a toy code (e.g. A55). Alternatively, just click 'Go!' and scroll down to view the Toy Library stock. Click Reserve. Items that are out on loan will be clearly labelled. It will also tell you if there is a waiting list for the item. However, you can reserve an on-loan item. You will be notified when it is ready for collection from the Trinity Rooms.

Don't forget...that we have an on-going shopping list, so please contact Clare if there is anything you would like us to add to this list!

Remember to...leave a review online for any toys that you have borrowed. You can find the review questions next to the toy details.

Dates for the Toy Library sessions:

Tuesday 9th January 12.30 – 2.15pm

Saturday 13th January 10am – 12pm
(alongside 6-8s club)

Friday 19th January 9.30am – 12pm
(joint session with Parent Carers)

Tuesday 6th February 12.30 – 2.15pm

Saturday 10th February 10am – 12pm
(alongside 6-8s club)

Friday 23rd February 9.30am – 12pm
(joint session with Parent Carers)

Tuesday 6th March 12.30 – 2.15pm

Saturday 10th March 10am – 12pm
(alongside 6-8s club)

Friday 23rd March 9.30am – 12pm
(joint session with Parent Carers)

Saturday 7th April 10am – 12pm
(alongside 6-8s club)

Tuesday 10th April 10am – 12pm
(Please note change of time due to holiday)

Friday 27th April 9.30am – 12pm
(joint session with parent carers)

Tuesday 1st May 12.30 – 2.15pm

If you would like more information then please get in touch with Clare on 01453 750474 or email clare@allsortsglos.org.uk

AllSports

RUSH Skatepark

Unit 3, Brimscombe Port, Stroud, GL5 2QQ
Monday 6 - 7.15pm, see e-bulletin as times can change

£4 per member, all ages

A really exciting opportunity to experience one of the fastest growing sports in the country! Allsorts are actively encouraging participants of all ages and abilities to come along to our exclusive sessions at RUSH Skatepark. Sessions are quieter than regular sessions and wholly inclusive. Participants can bring their own equipment – scooter, bike, skateboard, walker or wheelchair and a helmet – and we also have scooters, balance bikes and helmets for free hire at the venue. Siblings and friends of family welcome as we continue our enjoyable all-ability club.

Stroud Inclusive Football Club

Brimscombe, Stroud, GL5 2QQ
Monday 4.00 - 4.50pm, 4.50 - 5:50pm
£3 per member, ages 5 - 25

Situated next door to RUSH Skatepark, Allsorts run a football club in the Indoor Football Arena! Players of all abilities are welcome to join in with a focus on enjoyment and learning new football skills. Our football club is broken down into two sessions; 'recreational' and 'club' sessions. Recreational sessions run from 4.00 - 4.50pm, with a focus on enjoyment, learning new skills and being active! Club sessions follow from 4.50 – 5.50pm, with a greater focus on Football drills and playing football matches.

Trampoline Sessions

Stratford Park Leisure Centre,
Stroud, GL5 4AF
Friday 4.15 - 5.15pm, 5.15 - 6.15pm
£3 per member, ages 5 - 25

Stratford Park Leisure Centre have allocated a regular space in the main hall to run weekly trampoline sessions with support from Allsorts staff. Sessions are focused on enjoyment and learning new skills, with all children working on a non-competitive awards system to boost their development. Book directly with Stratford Park Leisure Centre.

Wotton Multi-Sports Club

KLB Leisure Centre, Wotton under Edge,
GL12 8RB
4.15 - 5.15pm
£3 per member, ages 5 - 25,

This activity club welcomes any child with a disability or additional needs. The focus is on enjoyment, learning new skills and being active. Siblings are also welcome.



AllSports

RaceRunning

Archway School, Paganhill,
Stroud, GL5 4AX

Sunday 10.30 - 12pm

£3 per member, all ages

Race Running is an innovative sport for disabled people with impaired balance and coordination. We have exclusive access to the Sports Hall at Archway School which welcomes the whole family, with a range of Petra Bikes and Strider Bikes on offer! Seeking advice from Physiotherapists and Occupational Therapists before attending the sessions is advisable. For more information please contact us or visit racerunning.org for more info about the sport.

Dance

Archway School, Paganhill,
Stroud, GL5 4AX

Thursday 4 – 5pm, 5 – 6pm

£3 per member, ages 5 - 25

These fully inclusive sessions are delivered by a qualified dance teacher with support from Allsorts staff, inside the dance studio at Archway School. The first session is 'recreational', offering a range of fun movement, balance and dance orientated activities. The second session has a greater focus on learning and performing dance routines. Both sessions encourage participants to learn new skills and socialising with peers. Come along to the session that best suits you!

Archery

Archway School, Paganhill,
Stroud, GL5 4AX

Sunday 2 – 3pm, 3 – 4pm

£3 per member, ages 5 -25

One of our most popular and accessible AllSports activities! We can accommodate a maximum of 18 participants per session, therefore we will be taking bookings in advance and will share them out equally among individual requests. Priority will be given to children with a disability or additional needs, but siblings are welcome. Our first session (2 – 3pm) is 'recreational' and focuses on learning how to shoot independently, whilst enjoying a variety of soft play sports equipment and socialising with friends. Our second session (3 – 4pm) is a 'club' session, where young people will be challenged to shoot from further distances with a greater focus on performance. For more information on the club structure or to book a place, please contact us.

Tell us about any sports your family would like to do!

If you would like more info about AllSports activities, or to book a place on an activity please contact us on 01453 750474 or email info@allsortsglos.org.uk.

AllSports

Boccia Stroud

Archway School, Paganhill, Stroud,
GL5 4AX

Sunday 1 – 2pm

£3 per member, all ages

Boccia is a fully inclusive activity that all of the family are welcome to attend. Our coaches deliver a variety of enjoyable and strategic games that engage all participants in this target sport.

Cotswold Multi-Sports

Main Hall, Cotswold Leisure Centre,
Cirencester, GL7 1US

Wednesday 5 - 6pm

£3 per member, ages 6 - 17

This activity club welcomes any child with a disability or additional needs and will be run by the staff from Cotswold Leisure. Siblings are also welcome.



AllSports

Sensory Swimming

St Rose's School hydrotherapy pool,
Stroud, GL5 4AP

Sunday, 10.45 – 11.45am (30min sessions)
£4 per child, all ages

For dates of sessions contact us or see our e-bulletin. These sensory swimming sessions are for the whole family (not just those with physical disabilities). The warm pool has sensory light effects, music and a Jacuzzi corner. There is fully accessible changing, adult size beds and hoists that track from the changing rooms to over the pool. Swim aids are available to borrow, but please bring your own hoist slings if required. Numbers are limited, so booking is essential.

NEW! Swimming lessons and family swim time

National Star College,
Cotswold Way, Cheltenham, GL53 9QU
Tuesday, 6.00 - 8.00pm

£6 per child for lesson or family swim, all ages, no cost for parents or carers

We are really excited to offer family swim time and swimming lessons to our members at National Star College in their fully accessible Swimming Pool! Lessons are delivered by a fully qualified swim teacher who will create a bespoke 30 minute swimming programme, alternatively families can enjoy just the swim time.

For more info call 01453 750474 or email info@allsortsglos.org.uk.

Allsorts @ ACE club

(inclusive sports club)

Stratford Park Leisure Centre,
Stroud, GL5 4AF

Wednesday, 4.15 - 5.15pm

£3 per young person payable to the leisure centre on arrival. Ages 5-18

Inclusive multi sports club delivered by Stroud District Council for children aged 5 - 18 with disabilities or additional needs, plus non-disabled siblings. Allsorts support staff are present to encourage and engage participants to take part in sport and physical activity. Bring a drink and comfy footwear!

Indoor Athletics

Archway School, Paganhill, Stroud,
GL5 4AX

Wednesday 5 – 6pm

£3, ages 5 – 25, including siblings

This very active club focuses on popular running, throwing and fielding events, with our own unique style of providing inclusive activities! A variety of equipment enables us to provide exciting and engaging activities for all young people who attend.

Dursley Allsports (Inclusive Fun Sports Club)

Dursley Sports Hall , Rednock Drive,
Dursley, GL11 4BY

Tuesday, term time, 4.15 - 5.15pm

£3, ages 5-25, including siblings

Sports will change every week but will include gentle ball games and lots of fun! An inclusive warm up is followed by a main activity that is chosen by the young people who attend. Traditionally, the session is rounded off by exciting parachute games!

Allsorts Parents & Carers

Allsorts Parents and Carers activities run during term time for anyone who cares for a child with disabilities. Meet other mums, dads, grandparents and carers for support, friendship, information and advice. Our members say that spending time with other people who “get it” makes a huge difference, why not drop in and find out why?

Allsorts Pub Quiz Team

7.30pm tbc. The Old Spot, 2 Hill Road, Dursley, GL11 4JQ

Would you like to get together with the other adults in Allsorts? Then join the Allsorts pub quiz team. All welcome, whether you know everything or next to nothing about sports, pop, politics, celebrities, science, TV or film – we all have a weird fact tucked away somewhere that just might come in handy! We meet at The Old Spot, Dursley on the last Sunday of the month for details contact Clarissa.

Monday Evening Social

7.30 - 9pm on second Monday of the month at Curio Lounge, King St, Stroud

New opportunity to socialise in the evenings over a meal – join us at the Curio Lounge where you can take advantage of their “Cheeky Mondays” meal deal and eat out for under a tenner whilst meeting other Allsorts members. A good way to get to know other families if you are a working parent and struggle to join the weekday activities.

Friday Badminton

1 - 2pm on first and third Fridays of the month at Stratford Park Leisure Centre, Stroud

We book the courts and bring the rackets, you just need a pair of trainers, a sense of humour and some enthusiasm! Meet Clarissa by reception; no booking and no charge for this activity, but donations welcome.

Friday Morning Parent and Carer Group

10 - 11.30am – weekly at various venues

Friday morning drop in sessions are one of the original ways that Allsorts mums, dads and grandparents got together. There are lots of different ways to connect now, but for some face to face time over a cuppa with other members, join Clarissa, our parent carer co-ordinator, at the café or Toy Library. This is a great way to meet up with other families for mutual support and to share information and friendship. Drop in to a session or chat with Clarissa for details. Venues are listed on our website and on our weekly e-bulletin. Allsorts buys your first coffee, but donations welcome.

Information Sessions:

Friday 2nd March 10am - 1pm

Allsorts Meeting Room,
The Exchange, Stroud

Your Young Person: puberty and relationships

Join Learning Disability Nurses Helen Curry and Sally Powell for an informal, informative talk about issues and concerns relating to puberty, sex and relationships. Then, at 12pm, stay on to share lunch and continue the conversation with other mums, dads and grandparents. Booking is required and lunch is included.

Date TBC

Allsorts Meeting Room,
The Exchange, Stroud

Transitions and Housing issues

Join us for this information session in partnership with Star College – talking through issues around housing choices as your young person becomes an adult. Full details will follow on our website and on our e-bulletin.

Allsorts Toddler Group

10am - 12pm on Tuesdays during term time.

The Cashes Green Children's Centre,
Cashes Green Road, Stroud

Join our weekly chat and play sessions to meet with other mums, dads, Grandparents and carers with their pre-school children.

Allsorts can share support, information and advice, whilst you meet other families in a safe, playful environment.

If your child with a disability is at school, but you are at home with younger siblings, you are welcome to join us. No booking needed and no charge, but donations welcome.

Allsorts Grandparent Group

10.30am - 12pm, usually on the second Monday of the month. See diary dates for venue details

Allsorts Grandparents meet informally over coffee to offer each other friendship and support. We meet in various cafes and pubs across Gloucestershire. If you are the Grandparent of a child or young person with a disability or additional need, do join us. Members are happy to share lifts so just ask if transport is a problem.



Diary Dates

Fri 5th Jan	Parent Carer Cafe Drop in	Curio Lounge, King St, Stroud, GL5 3BX	10 - 11.30am
Fri 5th Jan	Parent Carer Badminton	Stratford Park Leisure Centre, Stroud, GL5 4AF	1 - 2pm
Sat 6th Jan	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11 Community Project , Fairmead, Cam, GL11 5JS	9 - 12pm or 1 - 5pm
Mon 8th Jan	Grandparents Group	The Little Thatch, 141 Bristol Rd, Quedgeley, GL2 4PQ	10.30 - 12pm
Mon 8th Jan	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 8th Jan	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Mon 8th Jan	Parent Carer Monday Evening Social	Curio Lounge, King St, Stroud, GL5 3BX	7.30 - 9pm
Tue 9th Jan	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 9th Jan	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 -2.15pm
Tue 9th Jan	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 9th Jan	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 10th Jan	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 10th Jan	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 11th Jan	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 11th Jan	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 12th Jan	Parent Carer Cafe Drop in	The Roastery, Quedgeley, GL2 4NE	10 - 11.30am
Fri 12th Jan	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 13th Jan	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10am - 12pm
Sat 13th Jan	Young Adults Group: Bowling	Stroud Bowl, Merrywalks, Stroud, GL5 1QA	12.30 - 4.30pm
Sat 13th Jan	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sun 14th Jan	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 14th Jan	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 14th Jan	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 15th Jan	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 15th Jan	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm

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Tue 16th Jan	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 16th Jan	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 16th Jan	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 17th Jan	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 17th Jan	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 18th Jan	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 18th Jan	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 19th Jan	Joint session Toy Library/ Parent Carer Drop in	Trinity Rooms, Stroud, GL5 2HZ	9.30 - 12pm
Fri 19th Jan	Parent Carer Badminton	Stratford Park Leisure Centre, Stroud, GL5 4AF	1 - 2pm
Fri 19th Jan	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 20th Jan	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11 Community Project , Fairmead, Cam, GL11 5JS	9 - 12pm or 1 - 5pm
Sat 20th Jan	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11 - 2pm
Sun 21st Jan	Rebound Therapy	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	09.30 - 11.30am
Sun 21st Jan	Sensory Swimming	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	10.45 - 11.45am
Sun 21st Jan	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 21st Jan	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 21st Jan	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 22nd Jan	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 22nd Jan	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 23rd Jan	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 23rd Jan	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 23rd Jan	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 24th Jan	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 24th Jan	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 25th Jan	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 25th Jan	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm

Fri 26th Jan	Parent Carer Cafe Drop in	Curio Lounge, King St, Stroud, GL5 3BX	10 - 11.30am
Fri 26th Jan	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 27th Jan	Young Adults Group: Cooking	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	10.30 - 3.30pm
Sat 27th Jan	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sat 27th Jan	Sound it Out!	The Exchange, Brick Row, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Sun 28th Jan	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 28th Jan	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 28th Jan	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Sun 28th Jan	Pub Quiz Social Night	The Old Spot, Dursley, GL11 4JQ	7 - 10pm
Mon 29th Jan	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 29th Jan	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 30th Jan	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 30th Jan	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 30th Jan	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 31st Jan	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 31st Jan	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 1st Feb	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 1st Feb	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 2nd Feb	Parent Carer Cafe Drop in	The Roastery, Orchard Business Park, Quedgeley, GL2 4NE	10 - 11.30am
Fri 2nd Feb	Parent Carer Badminton	Stratford Park Leisure Centre, Stroud, GL5 4AF	1 - 2pm
Fri 2nd Feb	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 3rd Feb	Cam Morning and Afternoon Clubs	GL11 Community Project , Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 3rd Feb	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11 - 2pm
Sun 4th Feb	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 4th Feb	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 4th Feb	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm

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Mon 5th Feb	Grandparents Group	The Clothiers Arms, 1 Bath Road, Stroud, GL5 3JJ	10.30 - 12pm
Mon 5th Feb	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 5th Feb	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Mon 5th Feb	Parent Carer Monday Evening Social	Curio Lounge, King St, Stroud, GL5 3BX	7.30 - 9pm
Tue 6th Feb	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 6th Feb	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 - 2.15pm
Tue 6th Feb	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 6th Feb	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 7th Feb	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 7th Feb	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 8th Feb	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 8th Feb	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 9th Feb	Parent Carer Cafe Drop in	Curio Lounge, King St, Stroud, GL5 3BX	10 - 11.30am
Fri 9th Feb	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 10th Feb	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10am - 12pm
Sat 10th Feb	Young Adults Group: Cinema	Stroud Cinema, Merrywalks, Stroud, GL5 1RY	10.30 - 3.30pm
Sat 10th Feb	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sat 10th Feb	Family Pool Party at Dursley Pool	Dursley Swimming Pool, Castle Street, Dursley, GL11 4BS	3.30 - 4.15pm
Sun 11th Feb	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 11th Feb	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 11th Feb	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 12th Feb	Siblings Group Snow Cross Biking Party	Gloucester Ski Centre, Matson Lane, Gloucester, GL4 6EA	11.45 - 1.30pm
Mon 12th Feb	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 12th Feb	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 13th Feb	Xjump	Metz Way, Gloucester, GL4 3DB	10am - 11am
Tue 13th Feb	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm

Wed 14th Feb	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 14th Feb	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 15th Feb	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 15th Feb	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 16th Feb	Youth Club Valentine's Half Term Play	The Chantry Centre, 34 - 36 Long St, Dursley, GL11 4JB	10.30 - 1.00pm
Fri 16th Feb	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 17th Feb	Cam Morning and Afternoon Clubs	GL11 Community Project , Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 17th Feb	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11 - 2pm
Sun 18th Feb	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 18th Feb	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 18th Feb	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 19th Feb	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 19th Feb	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 20th Feb	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 20th Feb	Dursley Allsports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 20th Feb	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 21st Feb	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 21st Feb	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 22nd Feb	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 22nd Feb	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 23rd Feb	Joint session Toy Library/ Parent Carer Drop in	Trinity Rooms, Stroud, GL5 2HZ	9.30 - 12pm
Fri 23rd Feb	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 24th Feb	Young Adults Group: Forest Green Rovers	The New Lawn, Another Way, Nailsworth, GL6 0FG	2.00 - 5.00pm
Sat 24th Feb	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sat 24th Feb	Sound it Out!	The Exchange, Brick Row, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Sun 25th Feb	Rebound Therapy	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	09.30 - 11.30am

Toy library
 Parents group
 Kids stuff
 Allsports
 Outing / trip
 Young adults

Sun 25th Feb	Sensory Swimming	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	10.45 - 11.45am
Sun 25th Feb	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 25th Feb	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 25th Feb	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Sun 25th Feb	Pub Quiz Social Night	The Old Spot, Dursley, GL11 4JQ	7 - 10pm
Mon 26th Feb	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 26th Feb	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 27th Feb	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 27th Feb	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 27th Feb	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 28th Feb	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 28th Feb	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 1st Mar	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 1st Mar	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 2nd Mar	Parent Carer Information Session - Puberty	The Exchange, Brick Row, Stroud, GL5 1DF	10am - 1pm
Fri 2nd Mar	Parent Carer Badminton	Stratford Park Leisure Centre, Stroud, GL5 4AF	1 - 2pm
Fri 2nd Mar	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 3rd Mar	Cam Morning and Afternoon Clubs	GL11 Community Project, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 3rd Mar	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11 - 2pm
Sun 4th Mar	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 4th Mar	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 4th Mar	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 5th Mar	Football	Inside Football, GL5 2QQ	4 - 6pm
Tue 6th Mar	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 6th Mar	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 - 2.15pm
Tue 6th Mar	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 6th Mar	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm

Wed 7th Mar	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 7th Mar	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 8th Mar	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 8th Mar	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 9th Mar	Parent Carer Cafe Drop in	The Roastery, Orchard Business Park, Quedgeley, GL2 4NE	10 - 11.30am
Fri 9th Mar	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 10th Mar	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10 - 12pm
Sat 10th Mar	Young Adults Club: X Jump	X Jump, Metz Way, Gloucester, GL4 3DB	TBC
Sat 10th Mar	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sun 11th Mar	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 11th Mar	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 11th Mar	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 12th Mar	Grandparents Group	The Falcon, New Street, Painswick, GL6 6UN	10.30 - 12pm
Mon 12th Mar	Parent Carer Monday Evening Social	Curio Lounge, King St, Stroud, GL5 3BX	7.30 - 9pm
Mon 12th Mar	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 12th Mar	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 13th Mar	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 13th Mar	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 13th Mar	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 14th Mar	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 14th Mar	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 15th Mar	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 15th Mar	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 16th Mar	Parent Carer Cafe Drop in	Curio Lounge, Stroud, GL5 3BX	10 - 11.30am
Fri 16th Mar	Parent Carer Badminton	Stratford Park Leisure Centre, Stroud, GL5 4AF	1 - 2pm
Fri 16th Mar	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 17th Mar	Cam Morning and Afternoon Clubs	GL11 Community Project, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm

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Sat 17th Mar	Young Adults Group: Crazy Golf	Mr Mulligan's Lost world Golf, Cheltenham, GL50 4FA	12.30pm - 5.30pm
Sun 18th Mar	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 18th Mar	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 18th Mar	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 19th Mar	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 19th Mar	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 20th Mar	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 20th Mar	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 20th Mar	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 21st Mar	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 21st Mar	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 22nd Mar	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 22nd Mar	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 23rd Mar	Joint session Toy Library/ Parent Carer Drop in	Trinity Rooms, Stroud, GL5 2HZ	9.30 - 12pm
Fri 23rd Mar	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 24th Mar	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11am - 2pm
Sat 24th Mar	Stroud Youth Club	Sat 24th Mar Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sun 25th Mar	Rebound Therapy	St. Rose's School, Stroud, GL5 4AP	09.30 - 11.30am
Sun 25th Mar	Sensory Swimming	St. Rose's School, Stroud, GL5 4AP	10.45 - 11.45am
Sun 25th Mar	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 25th Mar	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 25th Mar	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Sun 25th Mar	Pub Quiz Social Night	The Old Spot, Dursley, GL11 4JQ	7 - 10pm
Mon 26th Mar	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 26th Mar	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 27 Mar	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 27th Mar	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tue 27th Mar	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm

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Wed 28th Mar	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 28th Mar	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 29th Mar	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 29th Mar	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Sat 31st Mar	Cam Morning and Afternoon Clubs	GL11 Community Project , Fairmead, Cam, GL11 5JS	9 - 12pm or 1 - 5pm
Sat 31st Mar	Young Adults Group: Swindon Oasis	Oasis Leisure Centre, North Star Avenue, Swindon, SN2 1EP	10.30am - 3.30pm
Sat 31st Mar	Sound it Out!	The Exchange, Brick Row, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Tue 3rd Apr	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 4th Apr	Cotswold Farm Park	Bemborough Farm, Kington, Cheltenham GL54	9.30 - 3pm
Wed 4th Apr	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 4th Apr	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 5th Apr	St Augustine's Farm Youth Club Picnic	Arlingham, Glos, GL2 7JR	10.30 - 1.30pm
Thu 5th Apr	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 5th Apr	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 6th Apr	Rally Passenger Ride and Zombie Shooting	Gloucestershire Rally School, Cirencester Road, GL7 5QF	10am
Fri 6th Apr	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 7th Apr	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10 - 12pm
Sat 7th Apr	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11 - 2pm
Sat 7th Apr	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sun 8th Apr	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 8th Apr	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 8th Apr	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 9th Apr	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 9th Apr	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 10th Apr	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	10 -12pm
Tue 10th Apr	Siblings Group Paint a Pot Party	5 Cossack Square, Nailsworth, GL6 0BD	10.55 - 1pm

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Tues 10th Apr	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 11th Apr	Family Trip to Longleat	Warminster, BA12 7NW	9.15 - 3.45pm
Wed 11th Apr	Youth Club's 5th Great Bake-Off	Delmont's Lot Community Kitchen, High St, Stroud	10 - 1.30pm
Wed 11th Apr	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 11th Apr	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 12th Apr	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 12th Apr	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 13th Apr	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 14th Apr	Cam Morning and Afternoon Clubs	GL11 Community Project, Fairmead, Cam, GL11 5JS	9 - 12pm or 1 - 5pm
Sat 14th Apr	Young Adults Group: TBC	TBC	TBC
Sun 15th Apr	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 15th Apr	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 15th Apr	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 16th Apr	Grandparents Group	TBC	10.30am-2pm
Mon 16th Apr	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 16th Apr	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Mon 16th Apr	Parent Carer Monday Evening Social	Curio Lounge, King St, Stroud, GL5 3BX	7.30 - 9pm
Tue 17th Apr	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tue 17th Apr	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tues 17th Apr	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 18th Apr	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 18th Apr	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 19th Apr	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 19th Apr	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 20th Apr	Parent Carer Cafe Drop in	The Roastery, Orchard Business Park, Quedgeley, GL2 4NE	10 - 11.30am
Fri 20th Apr	Parent Carer Badminton	Stratford Park Leisure Centre, Stroud, GL5 4AF	1 - 2pm
Fri 20th Apr	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm

Sat 21st Apr	Young Adults Group: Archway	Archway School, Stroud, GL5 4AX	11 - 2pm
Sat 21st Apr	Stroud Youth Club	Stroud Youth Centre, GL5 1JR	1.30 - 5.30pm
Sun 22nd Apr	Rebound Therapy	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	9.30 - 11.30am
Sun 22nd Apr	Sensory Swimming	St. Rose's School, Stratford Lawn, Stroud, GL5 4AP	10.45 - 11.45am
Sun 22nd Apr	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 22nd Apr	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 22nd Apr	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 23rd Apr	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 23rd Apr	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm
Tue 24th Apr	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10 - 12pm
Tues 24th Apr	Dursley AllSports	Dursley Sports Centre, GL11 4BY	4.15 - 5.15pm
Tues 24th Apr	Swimming	National Star College, Cotswold Way, Cheltenham, GL53 9QU	6 - 8pm
Wed 25th Apr	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 25th Apr	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thu 26th Apr	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thu 26th Apr	Wotton Multi-Sports	KLB School, GL12 8RB	4.15 - 5.15pm
Fri 27th Apr	Joint session Toy Library/ Parent Carer Drop in	Trinity Rooms, Stroud, GL5 2HZ	9.30 - 12pm
Fri 27th Apr	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 28th Apr	Cam Morning and Afternoon Clubs	GL11 Community Project, Fairmead, Cam, GL11 5JS	9 - 12pm or 1 - 5pm
Sat 28th Apr	Young Adults Group: TBC	TBC	TBC
Sat 28th Apr	Sound it Out!	The Exchange, Brick Row, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Sun 29th Apr	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 29th Apr	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 29th Apr	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 30th Apr	Football	Inside Football, GL5 2QQ	4 - 6pm
Mon 30th Apr	RUSH	RUSH Skatepark, GL5 2QQ	6 - 7.15pm

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Sound it Out!

The Exchange, Brick Row, Stroud, GL5 1DF
Last Saturday of the month (see diary dates)

Workshop 1: 2.15 - 3pm

Workshop 2: 3.15 - 4pm

Two music and communication workshops with Gary from Reachin Thru Music which are open to any age child of any ability. The session will be split into two workshops of 45 minutes per session. The 1st workshop is quiet and calm and the 2nd workshop is more musically intensive with group interaction.

Lots of fun, stories, music for all tastes and ages and singing.

Please contact us on 01453 750474 or email info@allsortsglos.org.uk for more details and to book a place.



**Free 5 children/
young people
per session,
booking essential**



Vacancies

We are recruiting urgently for more Support Workers to work in Allsorts activities

Do you have a passion for working with children and young people? We are looking for people like you to work with Allsorts. We need to recruit at least 4 new Support Workers as soon as possible! Ideally, candidates will have some experience of working with children or young people with additional needs.

We provide full induction and training for the role and are keen for a range of people to apply.

Please contact info@allsortsglos.org.uk or call 01453 750474 to let us know you're interested!

Allsorts Saturday Youth Clubs

Stroud Youth Club (11-18 years)

Fortnightly 1.30 – 5.30pm

Stroud Youth Centre, Ryleaze Rd, GL5 1JR

Activities this term at Stroud Youth Club include:

13th January - Cheerleading dance session, making snowflakes and marshmallow teacakes.

27th January - Fizzy Pig K'nex workshop, crafts and face painting.

10th February - Cricket session and Lee Chaos music workshop, nail bar and crafts.

24th February - Special yoga, crafts and cake decorating.

10th March - Inclusive Martial Arts session, arts and crafts and football.

24th March - Chi Gong movement and giant group drawing session, plus face painting and badminton.

7th April - Basketball, Lee Chaos music, Easter crafts and chocolate decorating session.

21st April - Special Yoga, football, crafts and nail bar.

Cam Youth Club and Cam Afternoon Youth Club (8+ years)

Fortnightly morning session 9 - 12am

or afternoon session 1 - 5pm

GL11 Community Project, Fairmead, Cam, GL11 5JS

Activities at Cam are in small groups and include art, music, weekly cooking (and eating!) sessions. We also have a relaxing sensory room, puppets and role play area, a lovely outdoor garden play area and enjoy yoga in the afternoon.

Activities this term include:

6th January – Yoga pm, cooking cheese scones and making snowflakes.

20th January - Yoga pm, cooking pizza and Lee Chaos music session.

3rd February - Cooking chocolate brownies, Yoga pm, clay workshop.

17th February - Making Scottish shortbread, Yoga pm and marbling ink pictures.

3rd March - Yoga pm, baking Irish soda bread and Spring collages.

17th March - Chocolate Easter baking, Easter bunny crafts and Yoga.

31st March - Lee Chaos music, Yoga, cooking lemon cupcakes and making paper flowers.

14th April - Making banana bread, yoga, drawing round ourselves and doing portraits.

28th April - Ginger crunch biscuits, giant bubble play and bubble paintings.

If you are new to Allsorts and want to join either of the youth clubs please get in touch with us on 01453 750474 or email info@allsortsglos.org.uk. Pre-booking is essential.

Cam Morning Club costs £5 per session and fees are paid half termly in advance on the first session.

Cam Morning Club fees of £20 are due on 6th January, 3rd March and 28th April.

Cam Afternoon Club costs £6 per session and fees are paid half termly in advance on the first session.

Cam Afternoon Club fees of £24 are due on 6th January, 3rd March and 28th April.

Stroud Club costs £6 per session and **fees of £24 are due on 13th January, 10th March and 21st April.**



Young People's Activities

6 – 8s Saturday Club

The Trinity Rooms, Stroud GL5 2HZ – opposite the Maternity Hospital
10am - 12pm, £4 per session

Does your child with additional needs or a disability want to meet and play with other children, but isn't quite ready or old enough for youth club?

6-8s runs once a month in parallel to Clare's Toy Library session so parents and carers can have a cup of tea and borrow some toys while their child has fun with us. This is a gentle start for those children who want to make friends and socialise in a supported, safe, playful environment. We have different toys and a themed home corner for each session, Arts & Crafts and snack time. Contact us on 01453 750474 or email info@allsortsglos.org.uk to book a visit or for more information.

The dates of 6-8s Club this term are:

13th January 2018

10th February 2018

10th March 2018

7th April 2018



Allsorts Siblings Group

This group is for non-disabled young people in Allsorts aged 8-18 who have a brother or sister with disabilities or additional needs. We have a break together and go on an outing every school holiday.

Contact us on 01453 750474 or email info@allsortsglos.org.uk for more information.



Allsorts Outings & Events

Young People's Trips

MONDAY 12TH FEBRUARY 2018

Siblings Group Snow Cross Biking Party

Gloucester Ski Centre, Matson Lane, Robinswood Hill, Matson, Gloucester, GL4 6EA. 11.45am - 1.30pm, £6 per sibling

Siblings will have fun riding down the ski slopes on the special snow cross bikes. Hot food and a drink will be provided in the café for an hours socialising. Pick up 1.30pm from the cafe.

FRIDAY 16TH FEBRUARY 2018

Youth Club Valentine's Half Term play at The Chantry Centre

34 - 36 Long St, Dursley, GL11 4JB
10.30am - 1.00pm, £5 per youth club member

We will have soft play, music and dancing in the huge concert hall space for those who like to be active and quieter craft activities. It's a chance to get together with youth club friends from all three youth clubs for a social and fun time. Wheelchair users can drop off right outside. Bring a packed lunch. Drinks and snack provided. Book by 1st February to secure your place.

THURSDAY 5TH APRIL 2018

St Augustine's Farm Youth Club Picnic

Arlingham, Glos, GL2 7JR. 10.30am - 1.30pm, £5 per youth club member

For Allsorts Youth Club members who'd like to meet up with other young people and have some outdoor fun seeing the animals on the farm together, supported by Youth Club staff. Dress warmly and bring a packed

lunch. Drinks and fruit provided. Weather permitting we will picnic outside but if not we'll have the education room. We'll go ahead rain or shine. Please book by 1st April to secure a place. Drop off at 10.30am in the car park and pick up at 1.30pm.

TUESDAY 10TH APRIL 2018

Siblings Group Paint a Pot Party

5 Cossack Square, Nailsworth, GL6 OBD
10.55am - 1pm, £10 per sibling including food and all materials

This party is for our non-disabled siblings to get together. Party food and drink will be provided. Siblings aged 8-18 will be able to choose a plate, mug or other item to decorate which will be fired and returned to them later! Please book early for this one as places are limited to 18. Please note parents are not expected to stay on the Siblings Group events.

WEDNESDAY 11TH APRIL 2018

Allsorts Youth Club's 5th Great Bake-Off

Delmont's Lot Community Kitchen, High Street, Stroud (up the alleyway next to Boots). 10am - 1.30pm, £10 per youth club member including all ingredients

This short break is for youth club bakers who just love to bake - it is a one day non-competitive event with professional Chef and Allsorts family member Mike Rooke. Places are limited to eight and participants will be supported by Allsorts support workers. Parents and carers are invited back for the judging at 1pm. Priority will go to those who haven't done a bake off before so book early!

Allsorts Outings & Events

Family Trips

We're excited to share all of our outings and events we have planned up until the end of Spring 2018. To book on to a trip, please see the Allsorts Booking and Payment Information page 1.

If you want to book onto a trip, have any questions, or want to discuss any requirements or support please contact us on 01453 750474 or email info@allsortsglos.org.uk.

SATURDAY 10TH FEBRUARY 2018

Family Pool Party

Dursley Pool, Castle Street, Dursley,
GL11 4BS

3.15 – 4.15pm, £6 per child

Come for an Allsorts exclusive splash about with floats in Dursley pool. Parents and carers must supervise their child at all times and if they need support, must swim with their child.

TUESDAY 13TH FEBRUARY 2018

XJump

Metz Way, Gloucester, GL4 3DB
10 – 11am, £6 per child

Come for a bounce in this fantastic centre filled with wall-to-wall trampolines, exclusive to Allsorts members! There are launch platforms to leap off, full length trampolines to practice your tumbling and angled trampolines around the edges so you can bounce off the walls. Plus you can enjoy Dodgeball, the foam pit and basket slam dunk. There's a café for refreshments and the trampolines are wheelchair accessible. We have 45 child places (over 5's only) and space for 15 carers to go free. Book well in advance to avoid disappointment!

WEDNESDAY 4TH APRIL 2017

Cotswold Farm Park

Guiting Power, nr. Cheltenham, GL54 5UG
9.30am - 3pm, £5 per person, coach £3 per seat

Do you want to come with us on an action packed day - meet and feed the rare breed animals, jump on the air pillows, ride on the tractors and have a go in the adventure playground...

Phew... then take a break and have a picnic with us or have a cuppa in the cafe before getting back on those tractors!

Coach leaves Stratford Park at 9.30am and returns at 4pm.



FRIDAY 6TH APRIL 2018

Rally Passenger Ride and Zombie Shooting

Gloucestershire Rally School, Cirencester Road, Down Ampney, Cirencester, Gloucestershire, GL7 5QF

10am, £10 per child for Rally Passenger Ride and £12.50 per child for Zombie shooting

Rally Passenger Ride: Fancy experiencing the thrill of hurtling towards a hairpin bend and then sliding around it spectacularly, watching the dust fly but don't fancy having to control it? No problem, a team of rally instructors all compete at National or International level and will gladly take you for a hot few laps around our gravel rally track. Hold on tight! This trip is available to anyone over 4'6". Accessible to wheelchair users.

Zombie Shooting: A bit of light hearted fun! The off road course has been invaded by zombies and we need some soldiers to come and shoot them for us. Using a combat trailer fitted with state of the art, long range paintball guns, you'll be towed around the off road course to identify and shoot the zombies lurking in the undergrowth! This trip is available to anyone over 8 years. Accessible to wheelchair users.

WEDNESDAY 11TH APRIL 2018

Family Trip to Longleat

Warminster, Wiltshire, BA12 7NW

9.15am - 3.45pm, £12 per adult, £8 per child, coach £3 per seat

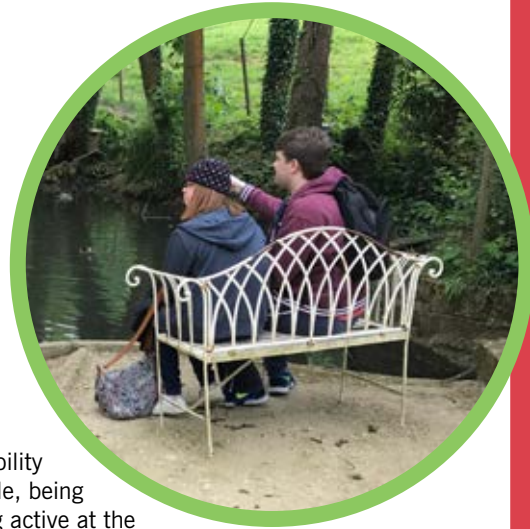
Join us to experience the majesty of Longleat's impressive animals moving freely across hundreds of acres of land; including zebra, giraffe, tigers, rhino, flamingo, cheetah and of course the famous lions. The coach leaves Stratford Park at 8.30am returning at 5pm.



We have support staff to help out for short periods of time on most of our family trips. Let us know when you book if you need a hand.

Young Adults Group

For adults with disabilities or additional needs aged 18 – 25 to attend independently or with support. This club enables group members to relax and enjoy themselves and meet other people of a similar age.



Do you or a member of your family with a disability or additional needs enjoy interacting with people, being part of a group, learning new skills and keeping active at the same time? If the answer is YES and you are aged 18-25, then this club is for you!

Club Session

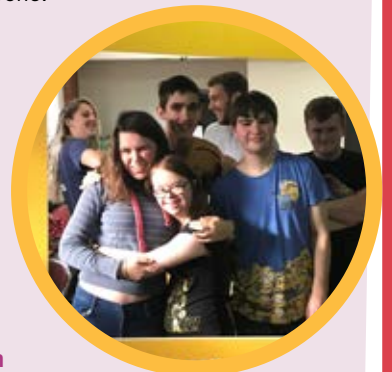
Saturdays, Archway School, 11am – 2pm, £10 per adult

Play a range of different sports including Boccia, Basketball and Table Tennis. There will also be time in the afternoon to attend Archways Fitness Suite to improve your health and fitness, but this is optional as we know it's not for everyone.

Trips Out

Saturdays, 10.30am – 3.30pm.
Approximately £10 per adult

As a group, you can decide where you'd like to go! It could be an event or activity such as XJump, Bowling, Indoor Rock Climbing or attending the theatre. Where else can we explore?



To book onto the Young Adults Group, please contact us on 01453 750474 or email info@allsortsglos.org.uk.

Fundraising



Christmas Appeal 2017

Thank you to Allsorts members for supporting our very first Christmas Appeal. From putting up Christmas trees to sharing your stories and donating... we were blown away by how much you all got involved!



Lego Amnesty

Do you have old boxes of Lego lying around at home? We're starting a Construction Club so we are on the lookout for construction toys for the children and young people to use. If you have Lego, or any other toys such as Meccano or Duplo that you'd be willing to donate, then do get in touch!



Linden Homes Western

Earlier in 2017 we received the wonderful news that Linden Homes Western had chosen us as their Charity of the Year. This was all down to member Andy Stanton who works for the company, so huge thanks to him for nominating us. We've been working with the charity team at Linden to produce a timeline of fundraising events and they've already raised over £10,000. There's 80 keen members of staff and lots of brilliant ideas. We look forward to updating you more.



Recycle 4 Charity

We've registered with Recycle 4 Charity. This means that you can raise money for us and protect the environment in doing so, just by recycling your printer inkjet cartridges and old mobile phones! If you'd like a freepost bag to send off these items or a collection box to place in your work place, please get in contact with the office.

You can also order freepost bags or a box yourself by going to: www.recycle4charity.co.uk/Register/C84074

Events 2018

We've got lots of fundraising events and activities planned out in the community for 2018 so do check our website for up to date information.

Thank you to...

Jersey Beyond for raising **£1,134** through their concert in October

Beauesert School for choosing us as one of the beneficiaries for their Autumn Fair

Tetbury Classic Car Show for raising **£1,175** from the 2017 event, despite very wet weather!

Rosemary Gadd for donating musical instruments to us

Minchinhampton Cotswold Club who raised **£125** through their summer skittles league

Our flying grandparents Marge and Clare for raising **£1,118** from their zipwire

The Little Vintage Show for once again supporting us and raising **£700**

Cotteswold Dairy for donating **£100** through their tuck shop fundraiser

Rover Coaches for raising **£3,595** and for their ongoing support

For any enquiries relating to events or fundraising, please do get in touch with Rosa on 07944 726444 or email rosa@allsortsglos.org.uk

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Allsorts Trustees

Chair **Kari Gerstheimer**

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Lea Anne Ewing, Jacky Martel, Jason Richards, Sharon Marson, Alison Cathles, Sophie Muir, Cathy Brown

Thank you

Allsorts would like to thank our dedicated team of volunteers.

Allsorts Ambassadors

Amanda Raybone JP

Chris Chatterton

David Drew

Jack Rutter

Randa Habash

Jodie Parker Hall

David Abrutat

Tweedy the Clown

Get in touch

Visit us at www.allsortsglos.org.uk

Email us at info@allsortsglos.org.uk

Call us on **01453 750474**

 [@allsortsglos](https://twitter.com/allsortsglos)  [Allsorts Gloucestershire](https://www.facebook.com/allsortsglos)

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Allsorts is a registered charity in England
number 1153484

