

AUTUMN
2017



allsorts newsletter

For families who have children with
disabilities or additional needs



Editor's message

Welcome to our Autumn/Winter newsletter. We hope you had a fantastic summer!

The weather may be getting colder and the night's drawing in but all the more reason to get involved with all of our clubs and trips, or why not try a new activity this term!

The Autumn/Winter newsletter covers the whole of the Autumn term right up to the end of the Christmas holidays.

The Allsorts office number is 01453 750474. Please note that the Allsorts office hours vary from day to day and the office phone will not be manned all of the time. If you have an urgent enquiry, please check the back page of this newsletter for the contact details of the appropriate member of staff.

I hope you have a fun term, the next newsletter will be out in January 2018

Sally



How to contact us

Email us at info@allsortsglos.org.uk, or telephone us on **01453 750474**

Write to Allsorts, The Exchange, Stroud, Gloucestershire, GL5 1DF.

Visit www.allsortsglos.org.uk

Follow us on Facebook at 'Allsorts Gloucestershire' Follow us on Twitter @allsortsglos



Membership

To help us keep our records up to date please let us know if you have had a change of address or personal details.

The annual membership fee is:

£5 per family
£20 per group

If you would like to join Allsorts and benefit from the activities we provide please contact us for a membership form or download one from our website. Please remember we do operate a 'try before you buy' policy!

Please return your completed forms to Julie Hills together with a cheque made payable to 'Allsorts' (or pay online - see details on page 2). Thank you.

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Allsorts booking and payment information

To book trips please return the enclosed booking form to Julie at the address on the back page, or email it to info@allsortsglos.org.uk. We will contact you to confirm arrangements for trips. Bookings will be confirmed by email unless requested otherwise.

Payments for trips

Please pay in advance for all trips, sports activities and youth clubs.

Cheques payable to 'Allsorts Gloucestershire'.

Online payments

Sort code 40-52-40

Account number 00012465

Please add your surname and the activity as your reference.

Please note that ticketed activities are non-refundable unless we can fill your place.

Planning the programme of outings and events

Please let us know if you have any suggestions for future outings and events.

If the cost of joining Allsorts or an activity is stopping you from getting involved please do get in touch, or indicate this on the booking form as we may be able to help. There will be Allsorts staff available to help out on all trips and events. However if the trip is for families, parents and carers will be responsible for their own children at all times. If you have any specific needs then please indicate this on the booking form or let us know and we will contact you.

If you have any questions regarding any booking, contact Julie Hills on 01453 750474 or email julie@allsortsglos.org.uk.

Transport for trips

For some trips we provide transport from pick up points and this is indicated in the trip description. Payment for transport should be made in advance with your booking and is non-refundable unless we fill your place.

If you have problems with transport then please let us know as we may be able to arrange lift shares or suggest other means of transport. You may be asked for a contribution towards petrol costs at a suggested £3 per person.

Bus services: 01452 426343
www.gloucestershire.gov.uk/buses



Allsorts Toy Library

The Toy Library provides specialist toys and equipment for children and young people aged 0-25 with any disability or additional need. There are regular lending sessions at the Trinity Rooms, Field Road, opposite the Maternity Hospital in Stroud, GL5 2HZ. Please see the diary dates on page 10 - 17 for sessions and times.

Here are details of some exciting new toys and equipment:

A98 **Tactile multi-purpose cushion** which can be useful for balance activities, massage and may help autistic children to sit in one place.

C165 **'Spin again toy'**. An exciting stacking, twirling toy and just lots of fun!

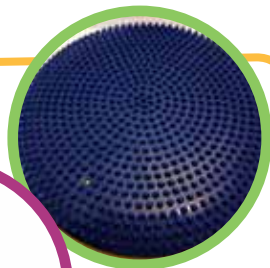
D33 **Squigz construction set**. Made of silicone, squigz will stick to almost any smooth flat surface and are great for creative play!

P52 **Farm Animal Sound Puzzle Blocks**. Great for auditory & fine motor skills & visual perception.

S217 **Pip Squigz** – encouraging exploration & sensory awareness, each one has interesting textures and a rattle.

S218 **Sight and Sound Tube Drum**. A very stimulating toy providing maximum reward for minimal effort!

SW23 **Mini Dome Switch**. The lightest touch produces lights, music, vibration and spinning glitter. Can be used alone, or to activate



Book toys online

Click on the blue Toy Library ribbon on our website then browse and reserve online and collect from our library of specialist toys and equipment: www.allsortsglos.org.uk/toylibrary

Everyone can see the full range of toys and equipment available, but only members can reserve items. To reserve an item you must log in using your new Allsorts Family Membership Number. If you don't have a membership number, please email Julie at julie@allsortsglos.org.uk or telephone her on 01453 750474.

On the Toy Library page search for any item (e.g. sensory), keywords (e.g. autism), name (e.g. bike), or a toy code (e.g. A55). Alternatively, just click 'Go!' and scroll down to view the Toy Library stock. Click Reserve. Items that are out on loan will be clearly labelled. It will also tell you if there is a waiting list for the item. However, you can reserve an on-loan item. You will be notified when it is ready for collection from the Trinity Rooms.

Don't forget...that we have an on-going shopping list, so please contact Clare if there is anything you would like us to add to this list!

Remember to...leave a review online for any toys that you have borrowed. You can find the review questions next to the toy details.

Dates for the Toy Library sessions:

Tuesday 5th September 12.30 - 2.15pm

Saturday 16th September 10am - 12pm
(alongside 6-8s club)

Friday 22nd September 9.30am -12pm
(joint session with Parent Carers)

Tuesday 3rd October 12.30-2.15pm

Saturday 14th October 10am -12pm
(alongside 6-8s club)

Friday 20th October 9.30am -12pm (joint session with Parent Carers)

Tuesday 7th November 12.30 -2.15pm

Saturday 11th November 10am -12pm
(alongside 6-8s club)

Friday 17th November 9.30am -12pm
(joint session with Parent Carers)

Saturday 9th December 10am -12pm
(alongside 6-8s club)

Tuesday 12th December 12.30 -2.15pm

Friday 15th December 9.30am -12pm
(joint session with Parent Carers)

Tuesday 9th January 12.30 -2.15pm

Saturday 13th January 10am -12pm
(alongside 6-8s club)

Friday 19th January 9.30am -12pm (joint session with Parent Carers)

If you would like more information then please get in touch with Clare on 01453 750474 or email clare@allsortsglos.org.uk

AllSports

RUSH Skatepark

Unit 3, Brimscombe Port, Stroud, GL5 2QQ
Monday 6 - 7.15pm, see e-bulletin /
Facebook as times can change
£4 per member, all ages

A really exciting opportunity to experience one of the fastest growing sports in the country! Allsorts are actively encouraging participants of all ages and abilities to come along to our exclusive sessions at RUSH Skatepark. Sessions are quieter than regular sessions and wholly inclusive. Participants need to bring their own equipment - scooter, bike, skateboard, walker or wheelchair plus a helmet! Siblings and friends of family welcome as we continue our enjoyable all-ability club.

Stroud Inclusive Football Club

Brimcombe, Stroud, GL5 2QQ
Monday 4 - 4.50pm and 4.50 - 5.50pm
£3 per member, ages 6+

Situated next door to RUSH Skatepark, Allsorts run a football club in the Indoor Football Arena! Players of all abilities are welcome to join in with a focus on enjoyment and learning new football skills. Our Football Club is broken down into two sessions; 'Recreational' and 'Club' sessions. Recreational sessions run from 4 - 4.50pm, with a focus on enjoyment, learning new skills and being active! Club sessions follow from 4.50-5:50pm, with a greater focus on Football drills and playing Football matches.

Trampoline sessions

Stratford Park Leisure Centre
Friday 4.15 - 5.15pm and 5.15 - 6.15pm
£3 per member, ages 5-17

Stratford Park Leisure Centre have allocated a regular space in the main hall to run weekly Trampoline sessions with support from Allsorts staff. Sessions are focused on enjoyment and learning new skills, with all children working on a non-competitive awards system to boost their development. Book directly with Stratford Park Leisure Centre.

Wotton Multi-Sports Club

KLB Leisure Centre, Wotton under Edge,
GL12 8RB

Thursday 4.15 - 5.15pm
£3 per member, ages 5-17,

This activity club welcomes any child with a disability or additional needs. The focus is on enjoyment, learning new skills and being active. Siblings are also welcome.



AllSports

RaceRunning

Archway School, Paganhill, Stroud,
GL5 4AX

Sunday 10.30 - 12pm

£3 per member

Race Running is an innovative sport for disabled people with impaired balance and coordination which is growing rapidly across the county. Parents should seek advice from Physiotherapists and Occupational Therapists before attending the sessions; for more information please contact Max directly or visit racerunning.org for more info about the sport.

Dance

Archway School, Paganhill, Stroud,
GL5 4AX

Thursday 4 – 5pm, 5 – 6pm

£3 per member, ages 5-25

After a very successful taster block during the Summer Term, we are happy to be officially launching our new Dance Club! The fully inclusive sessions are delivered by a qualified Dance Teacher and are supported by Allsorts staff, within the Dance Studio at Archway School. The sessions offer a variety of Dance and movement activities, with a focus on enjoyment, learning new skills and socialising with peers. Come along to either session!

Boccia Stroud

Archway School, Paganhill, Stroud,
GL5 4AX

Sunday 1 - 2pm

£3 per member, all ages

Boccia is a fully inclusive activity that all of the family are welcome to attend. Our coaches deliver a variety of enjoyable and strategic games that engage all participants in this target sport.

Archery

Archway School, Paganhill, Stroud,
GL5 4AX

Sunday 2 – 3pm, 3 – 4pm

£3 per member, ages 5 - 25

One of our most popular and accessible AllSports activities! We can accommodate a maximum of 18 participants per session, and due to the high demand we will be taking bookings in advance and will share them out equally amongst individual requests. Priority will be given to children with a disability or additional needs; siblings are welcome.

Our first session (2 – 3pm) is 'Recreational' and focuses on learning how to shoot independently, whilst enjoying time spent with friends. Our second session (3 – 4pm) is a 'Club' session, where young people who aspire to enter competitions will be challenged to shoot from further distances. For more information on the club structure or to book a place, please contact Max directly.

Cotswold Multi-Sports

Main Hall, Cotswold Leisure Centre,
Cirencester, GL7 1US

Wednesday 5 - 6pm

£3 per member, ages 6 - 17

The activity club welcomes any child with a disability or additional needs and will be run by the staff from Cotswold Leisure. Siblings are also welcome.

If you would like more info about AllSports activities, please contact us on 01453 750474 or email info@allsortsglos.org.uk

To book a place on an activity please contact: Julie Hills on 01453 750474 or email julie@allsortsglos.org.uk.

AllSports

Swimming

St Rose's School hydrotherapy pool,
Stroud GL5 4AP

Sunday 10.30 - 11.30am (30min sessions)
£4 per child, all ages

For dates of sessions contact Max or see our e-bulletin or Facebook page. These hydro swim sessions are for the whole family (not just those with physical disabilities). The warm pool has sensory light effects, music and a Jacuzzi corner. There is fully accessible changing, adult size beds and hoists that track from the changing rooms to over the pool. Swim aids are available to borrow, please bring own hoist slings if required. Numbers are limited, so booking is essential.

Allsorts @ ACE club (inclusive sports club)

Stratford Park Leisure Centre,
Stroud GL5 4AF

Wednesday 4.15 - 5.15pm

£3 per young person payable to the leisure centre on arrival

Inclusive multi sports club run by Stroud District Council for children aged 5 - 18 with disabilities or additional needs, plus non-disabled siblings. Allsorts support staff are present to encourage and engage participants to take part in sport and physical activity. Bring a drink and comfy footwear!

Indoor Athletics

Archway School, Paganhill, Stroud,
GL5 4AX

Wednesday 5 – 6pm

£3, ages 5-25, including siblings

After a successful taster block of Outdoor Athletics during the Summer Term, we have created a brand new club – Indoor Athletics! This very active club focuses on popular running, throwing and fielding events, with our own unique style of providing inclusive activities. A variety of equipment enables us to provide exciting and engaging activities for all young people who attend.

Dursley Allsports (Inclusive Fun Sports Club)

Dursley Sports Hall , Rednock Drive,
Dursley, GL11 4BY

Tuesday, term time, 4 - 5pm

£3, ages 7-18, including siblings

Sports will change every week but will include gentle ball games and lots of fun. Melanie and Dan run these sessions along with support staff and volunteers. Why not book a trial session? If your child is new to the club and you would like to discuss their needs contact Melanie on 07929 360221 or email melanie@allsortglos.org.uk.

Tell us about any sports your family would like to do!



Dursley Male Voice Choir Concert

in aid of
Allsorts

With
Mandy
Starr

Friday 27th October, 7.00-9.30pm Wycliffe College, Bath Rd, GL10 2JQ

The Dursley Male Voice Choir is one of the principal male voice choirs of the region and will be joined by the professional singer and entertainer Mandy Starr. Together they will be performing in this special concert for Allsorts, kindly sponsored by the choir and Rover Coaches.

Refreshments will be served during the interval.



Tickets are £12 or £10 for Allsorts members

Available through the Allsorts website or by calling 01453 750474



allsorts

For families who have children
with disabilities or additional needs

 @allsortsglos

 Allsorts Gloucestershire

www.allsortsglos.org.uk

Allsorts Parents & Carers

Allsorts Parents & Carers activities run during term time for anyone who cares for a child with disabilities



Parent and Carer sessions

Fridays, 10am-12pm, various venues

Weekly activities vary, see our e-bulletin and website calendar for full details including: Café drop-ins, badminton, meeting up at the Toy Library and information sessions and workshops.

This is a great way to meet up with other families for mutual support and to try something new, share information and friendship. Drop in to a session or chat with our Parent Carer Co-ordinator Clarissa Maidment for details.

Information sessions and workshops:

Friday 6th October 10am - 12pm Grants and Funding

Gail Rodway is Head of Grants for Barnwood Trust and will talk about the type of help they can offer through their Wellbeing Fund and explain how to apply for a grant if you find it difficult to fund something yourself.

No booking needed.

Friday 3rd November 10am - 2pm Sleep workshop in partnership with Cerebra

This will build on your knowledge and understanding of sleep and what impacts/ improves it and will help to increase your skills when addressing issues of settling, night waking, early rising and sleeping alone.

Booking is required and lunch is included.

Friday 24th November 10am - 1pm Education Health and Care Plan (EHCP) Information session

Join Britt Fox from SENDIASS (Special Educational Needs and Disability Information, Advice and Support Service) for an informal, informative talk, with opportunities to ask questions about your child, whether they have a plan or not. Then, at 12pm, stay on to share your experiences and advice with each other over lunch.

Booking is required and lunch is included.

Mental Capacity information session in partnership with Carers Gloucestershire – full details will follow via e-bulletin and website but with a provisional date of Monday 6th November at Messenger House, St Michael's Square, Gloucester. Booking will be required.

NEW!

Allsorts Pub Quiz Team

Last Sunday of the month at The Old Spot,
Hill Road, Dursley, GL11 4JQ

Would you like to get together with the other adults in Allsorts? Then join the Allsorts pub quiz team.

This is a new activity for dads, mums, Grandparents and carers who told us that they would like the chance to socialise in the evening. All welcome, whether you know everything or next to nothing about sports, pop, politics, celebrities, science, TV or film – we all have a weird fact tucked away somewhere that just might come in handy!

£2 entry.

24th September; 29th October;
26th November

Allsorts Toddler Group

10am-12pm on Tuesdays
during term time

The Cashes Green Children's Centre,
Cashes Green Road, Stroud

Join our weekly chat and play sessions to meet with other mums, dads, Grandparents and carers with their pre-school children.

Allsorts can share support, information and advice, whilst you meet other families in a safe, playful environment.

If your child with a disability is at school, but you are at home with younger siblings, you are welcome to join us. No booking needed and no charge, but donations welcome.



Allsorts Grandparent Group

10.30am - 12pm, usually on the second
Monday of the month.

Allsorts Grandparents meet informally over coffee to offer each other friendship and support. We meet in various cafes and pubs across Gloucestershire. If you are the Grandparent of a child or young person with a disability or additional need, do join us. Members are happy to share lifts so just ask if transport is a problem.

The next meeting dates and venues are:

11th September – The Falcon, New Street, Painswick GL6 6UN

9th October – The Little Thatch, Bristol Road, Quedgeley, GL2 4PQ

13th November – The Halfway House, Minchinhampton Common tbc

11th December – The Prince of Wales, Berkeley Road, Berkeley, GL13 9HD

Diary Dates

Tue 5th Sep	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 - 2.15pm
Sat 9th Sep	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 9th Sep	Young Adults Group	Outing - venue TBC	TBC
Sun 10th Sep	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 10th Sep	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 10th Sep	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 11th Sept	Grandparents Group	The Falcon, New Street, Painswick, GL6 6UN	10.30am-12pm
Mon 11th Sept	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Tue 12th Sept	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am-12pm
Tue 12th Sept	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 13th Sept	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 13th Sept	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 14th Sept	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 14th Sept	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 15th Sept	Parent and Carers Badminton and Cafe	Stratford Park Leisure Centre, Stroud, GL5 4AF	10am - 12pm
Fri 15th Sept	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 16th Sept	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10am - 12pm
Sat 16th Sept	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Mon 18th Sept	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 18th Sept	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 19th Sept	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am-12pm
Wed 20th Sept	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 20th Sept	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 21st Sept	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 21st Sept	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 22nd Sept	Joint session Toy Library/ Parent Carer Drop in	The Trinity Rooms, Field Road, Stroud, GL5 2HZ	9.30am-12pm
Fri 22nd Sept	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm

Sat 23rd Sept	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 23rd Sept	Young Adults Group	Outing - venue TBC	TBC
Sun 24th Sept	Race-Running	Archway School, Stroud, GL5 4AX	10.30am- 12pm
Sun 24th Sept	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 24th Sept	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Sun 24th Sept	Pub Quiz Social Night	The Old Spot, Dursley, GL11 4JQ	7.30pm tbc
Mon 25th Sept	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 25th Sept	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 26th Sept	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am-12pm
Tue 26th Sept	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 27th Sept	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 27th Sept	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 28th Sept	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 28th Sept	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 29th Sept	Parent and Carers Cafe drop in	The Bank Cafe, 80 Parsonage St, Dursley, GL11 4AB	10am-12pm
Fri 29th Sept	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 30th Sept	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Sat 30th Sept	Stroud Youth Club	Stroud Youth Centre, Stroud, GL5 1JR	1.30 - 5.30pm
Sat 30th Sept	Sound it Out!	The Exchange, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Sun 1st Oct	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 1st Oct	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 1st Oct	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 2nd Oct	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 2nd Oct	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 3rd Oct	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am-12pm
Tue 3rd Oct	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 - 2.15pm
Tue 3rd Oct	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 4th Oct	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 4th Oct	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 5th Oct	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 5th Oct	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm

Fri 6th Oct	Parent and Carers Information Session: Grants with the Barnwood Trust	Allsorts Meeting Room, The Exchange, Stroud, GL5 1DF	10am -12pm
Fri 6th Oct	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 7th Oct	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 7th Oct	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Sun 8th Oct	Race-Running	Archway School, Stroud, GL5 4AX	10.30 - 12pm
Sun 8th Oct	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 8th Oct	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 9th Oct	Grandparents Group	The Little Thatch, Bristol Road, Quedgeley, Glos, GL2 4PQ	10.30am - 12pm
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Thur 19th Oct	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm

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Fri 20th Oct	Joint session Toy Library/ Parent Carer Drop in	The Trinity Rooms, Field Road, Stroud, GL5 2HZ	9.30am - 12pm
Fri 20th Oct	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 21st Oct	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 21st Oct	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
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Sun 22nd Oct	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 23rd Oct	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 23rd Oct	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Mon 23rd Oct	Siblings Group Laser Tag	JDR Karting Ltd, Unit 5, Madleaze Industrial Estate, GL1 5SG	10.45am – 1pm
Tue 24th Oct	Jumptastic	Metz Way, Gloucester, GL4 3DB	10 – 11am
Wed 25th Oct	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 25th Oct	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Wed 25th Oct	Youth Club 'Nature in Art' outing	Main Rd A38, Twigworth, GL2 9PA. Sat Nav Postcode GL2 9PG.	10am - 1pm
Thur 26th Oct	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 26th Oct	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Thur 26th Oct	At-Bristol	Anchor Road, Bristol, BS1 5DB	TBC
Fri 27th Oct	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 28th Oct	Sound it Out!	The Exchange, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Sat 28th Oct	Young Adults Group	Outing - venue TBC	TBC
Sun 29th Oct	Pub Quiz Social Night	The Old Spot, Dursley, GL11 4JQ	7.30pm tbc
Sun 29th Oct	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 29th Oct	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 29th Oct	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 30th Oct	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 30th Oct	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 31st Oct	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am-12pm
Wed 1st Nov	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 1st Nov	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 2nd Nov	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm

Toy library
 Parents group
 Kids stuff
 Allsports
 Outing / trip
 Young adults

Thur 2nd Nov	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 3rd Nov	Parent and Carers Information Session with Cerebra: Sleep Workshop	Allsorts Meeting Room, The Exchange, Stroud, GL5 1DF	10am - 1pm
Fri 3rd Nov	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 4th Nov	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am -12pm or 1 - 5pm
Sat 4th Nov	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Sun 5th Nov	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 5th Nov	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 5th Nov	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 6th Nov	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 6th Nov	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 7th Nov	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am - 12pm
Tue 7th Nov	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 - 2.15pm
Tue 7th Nov	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 8th Nov	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 9th Nov	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 9th Nov	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 10th Nov	Parent and Carers Badminton and Cafe	Stratford Park Leisure Centre, Stroud, GL5 4AF	10am - 12pm
Fri 10th Nov	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 11th Nov	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10am -12pm
Sat 11th Nov	Stroud Youth Club	Stroud Youth Centre, Stroud, GL5 1JR	1.30 - 5.30pm
Sat 11th Nov	Young Adults Group	Outing - venue TBC	TBC
Sun 12th Nov	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 12th Nov	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 12th Nov	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 13th Nov	Grandparents Group	The Halfway Cafe, Common Rd, Minchinhampton, GL6 9AG	10.30am - 12pm
Mon 13th Nov	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 13th Nov	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 14th Nov	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am - 12pm
Tue 14th Nov	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 15th Nov	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 15th Nov	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm

Toy library
 Parents group
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 Young adults

Thur 16th Nov	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 16th Nov	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 17th Nov	Joint session Toy Library/ Parent Carer Drop in	The Trinity Rooms, Field Road, Stroud, GL5 2HZ	9.30am - 12pm
Fri 17th Nov	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 18th Nov	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 18th Nov	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Sun 19th Nov	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 19th Nov	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 19th Nov	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 20th Nov	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 20th Nov	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 21st Nov	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am - 12pm
Tue 21st Nov	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 22nd Nov	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 22nd Nov	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 23rd Nov	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 23rd Nov	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 24th Nov	Parent and Carers Information Session with SENDIASS: Education, Health & Care Plans (EHCP)	Allsorts Meeting Room, The Exchange, Stroud, GL5 1DF	10am - 1pm
Fri 24th Nov	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 25th Nov	Sound it Out!	The Exchange, Stroud, GL5 1DF	2.15 - 3pm & 3.15 - 4pm
Sat 25th Nov	Stroud Youth Club	Stroud Youth Centre, Stroud, GL5 1JR	1.30 - 5.30pm
Sat 25th Nov	Young Adults Group	Outing - venue TBC	TBC
Sun 26th Nov	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 26th Nov	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 26th Nov	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Sun 26th Nov	Pub Quiz Social Night	The Old Spot, Dursley, GL11 4JQ	7.30pm tbc
Mon 27th Nov	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 27th Nov	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 28th Nov	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm

Wed 29th Nov	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 29th Nov	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 30th Nov	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 30th Nov	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 1st Dec	Parent and Carers Badminton and Cafe	Stratford Park Leisure Centre, Stroud, GL5 4AF	10am - 12pm
Fri 1st Dec	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 2nd Dec	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, GL11 5JS	9am - 12pm or 1 - 5pm
Sat 2nd Dec	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Sun 3rd Dec	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 3rd Dec	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 3rd Dec	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 4th Dec	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 4th Dec	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 5th Dec	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am - 12pm
Tue 5th Dec	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 6th Dec	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 6th Dec	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 7th Dec	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 7th Dec	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 8th Dec	Trampolining	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Fri 8th Dec	Parent and Carers Christmas Meal	Venue TBC	TBC
Sat 9th Dec	Pantomine Family Trip	The Roses Theatre, Sun Street, Tewkesbury, GL20 5NX	9.30am - 2.30pm
Sat 9th Dec	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10am -12pm
Sat 9th Dec	Stroud Youth Club	Stroud Youth Centre, Stroud, GL5 1JR	1.30 - 5.30pm
Sat 9th Dec	Young Adults Group	Outing - venue TBC	TBC
Sun 10th Dec	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 10th Dec	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 10th Dec	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 11th Dec	Grandparents Group	The Prince Of Wales, Berkeley Rd, Berkeley, GL13 9HD	10.30am - 12pm
Mon 11th Dec	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Tue 12th Dec	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 -2.15pm

Toy library
 Parents group
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 Young adults

Tue 12th Dec	Toddler Group	Cashes Green Childrens Centre, Stroud, GL5 4NL	10am - 12pm
Tue 12th Dec	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Wed 13th Dec	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 13th Dec	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 14th Dec	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 14th Dec	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 15th Dec	Joint session Toy Library/ Parent Carer Drop in	The Trinity Rooms, Field Road, Stroud, GL5 2HZ	9.30am - 12pm
Fri 15th Dec	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 16th Dec	Siblings Christmas Ceramic Workshop	Prema Arts Centre, South St, Uley GL11 5SS	10.30-2.00pm
Sat 16th Dec	Young Adults Group	Archway School, Stroud, GL5 4AX	11am - 2pm
Sun 17th Dec	Race-Running	Archway School, Stroud, GL5 4AX	10.30am - 12pm
Sun 17th Dec	Boccia	Archway School, Stroud, GL5 4AX	1 - 2pm
Sun 17th Dec	Archery	Archway School, Stroud, GL5 4AX	2 - 4pm
Mon 18th Dec	Football	Inside Football, Stroud, GL5 2QQ	4 - 6pm
Mon 18th Dec	RUSH	RUSH Skatepark, Stroud, GL5 2QQ	6 - 7.15pm
Tue 19th Dec	Youth Club Bowling Outing	Merrywalks Centre multi-storey car park, Stroud GL5 1QA	10am - 1pm
Wed 20th Dec	ACE	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 5.15pm
Wed 20th Dec	Indoor Athletics	Archway School, Stroud, GL5 4AX	5 - 6pm
Thur 21st Dec	Dance	Archway School, Stroud, GL5 4AX	4 - 6pm
Thur 21st Dec	Wotton Multi-Sports	KLB School, Wotton Road, Wotton-under-Edge, GL12 8RB	4.15 - 5.15pm
Fri 22nd Dec	Trampolineing	Stratford Park Leisure Centre, Stroud, GL5 4AF	4.15 - 6.15pm
Sat 23rd Dec	Sound it Out!	The Exchange, Brick Row, Stroud,	2.15 - 3pm & 3.15 - 4pm
Sat 30th Dec	Pantomine Family Trip	The Roses Theatre, Sun Street, Tewkesbury, GL20 5NX	9.30am - 2.30pm
Sat 6th Jan 18	Cam Morning Youth Club/ Cam Afternoon Youth Club	GL11, Fairmead, Cam, G11 5JS	9am - 12pm or 1-5pm
Tue 9th Jan 18	Toy Library	Trinity Rooms, Stroud, GL5 2HZ	12.30 -2.15pm
Tue 9th Jan 18	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm
Sat 13th Jan 18	Toy Library /6-8s club	Trinity Rooms, Stroud, GL5 2HZ	10am - 12pm
Sat 13th Jan 18	Stroud Youth Club	Stroud Youth Centre, Stroud, GL5 1JR	1.30 - 5.30pm
Tue 16th Jan 18	Dursley AllSports Club	Dursley Sports Centre, GL11 4BY	4 - 5pm

New Sound it Out!

The Exchange, Brickrow, Stroud, GL5 1DF
Last Saturday of the month (see diary dates)
Workshop 1: 2.15-3pm
Workshop 2: 3.15-4pm

Two sessions of music and communication workshops with Gary from Reachin Thru Music and is open to any age child of any ability. The session will be split into two workshops of 45 minutes per session. The 1st workshop is quiet and calm and the 2nd workshop is more musical intensive with group interaction.

Lots of fun, stories, music for all tastes and ages and singing.

Please contact Sally on 01453 750474 or email sally@allsortsglos.org.uk for more details.

To book a place please contact Julie Hills on 01453 750474 or email julie@allsortsglos.org.uk.



FREE
**5 children/
young people
per session.**
Booking essential

Vacancies

Support Workers

The purpose of this post is to work as part of a team, to deliver an outstanding quality of social and recreational activities for disabled children, children with additional needs, and their families. The post holder could be working within a range of different Allsorts activities.

Previous experience in working with disabled young people desirable.

For an application form and job description contact Sally on 01453 750474 or email sally@allsortsglos.org.uk



Allsorts Saturday Youth Clubs

Stroud Youth Club (11-18 years)

Fortnightly 1.30 – 5.30pm

Stroud Youth Centre, Ryleaze Rd, GL5 1JR

Stroud Youth Club has been running for 7 years now! Melanie is our lead youth worker and support workers in red T shirts are Julia, Luke, Charlotte, Jess, Sian and Mark. Activities include fun games of indoor cricket, badminton, soft football and different arts and crafts every session.

2nd September – Special yoga and crafts

16th September – Cricket and Lee Chaos music session

30th September – Robot K'nex Fizzy Pig workshop and nail bar

14th October – Basketball, Lee Chaos music session and cake decorating

28th October – Fun easy dance session, Kin-Ball, Halloween and crafts

11th November – Special yoga, Lee Chaos music session and crafts

25th November – Jonny Fluffypunk, Slam Dunk poetry workshop and crafts

9th December – Christmas party, Mark Abbot Circus workshop and fire show, Lee Chaos Christmas Music session and Christmas crafts.

Stroud Youth Club returns on 13th January 2018, and the Christmas bowling is on 19th December. See Young People's Trips for more details (page 21).

NEW Cam Morning Youth Club and Cam Youth Club (8+ years)

Fortnightly morning session, 9 - 12am or afternoon session, 1 - 5pm at GL11 Community project, Cam, GL11 5JS.

Due to popular demand, we are now starting a second Cam Youth Club on fortnightly Saturday mornings. This club will be on the same dates as the afternoon club. Priority for spaces will be given to those who are already on the current Cam waiting list or who attend 6-8s club, but do please enquire if you think this club could be suitable for your child.

Morning session activities will be confirmed.

9th September – Making Irish soda bread, painting and yoga (pm)

23rd September – Making playdough and flapjacks, nail bar and yoga (pm)

7th October – Making gingerbread people, clay modelling and yoga (pm)

21st October – Halloween cupcake baking, crafts and Lee Chaos (pm)

4th November- Firework biscuits, firework paintings and yoga (pm)

18th November- Making banana bread, Lee Chaos and yoga (pm)

2nd December – Christmas Party dressing up and crafts (am and pm)

Please let Melanie know in advance if your child is not coming to a particular session, so we can plan staffing. If you are new to Allsorts and want to join either of the youth clubs please get in touch with Melanie. If you'd like to be a youth buddy (non-disabled) contact us too! Contact Melanie Paraskeva on 07929 360221 or email melanie@allsortsglos.org.uk

Clubs cost £6 per session to members and fees are paid three weekly in advance on the first session:

Cam Club is due on 9th September £18, then 21st October £24

Stroud Youth Club is due on 9th September £18, then 14th October £18, and 11th November £12

Young People's Activities

6 – 8s Saturday Club

The Trinity Rooms, Stroud GL5 2HZ – opposite the Maternity Hospital
10am - 12pm, £4 per session

Does your child with additional needs or a disability want to meet and play with other children, but isn't quite ready or old enough for youth club?

Melanie runs 6-8s once a month with support workers Barry, Jess, Jan, Tanzina and Sian. We run parallel to Clare's Toy Library session so parents and carers can have a cup of tea and borrow some toys while their child has fun with us. This is a gentle start for those children who want to make friends and socialise in a supported, safe play environment. We have different toys and a themed home corner for each session, Arts & Crafts and snack time. Contact melanie@allsortsglos.org.uk to book a visit or join.

16th September

14th October

11th November

9th December (Christmas Party)

13th January



Allsorts Siblings Group

This group is for non-disabled young people in Allsorts aged 8-18 who have a brother or sister with disabilities or additional needs. We have a break together and go on an outing every school holiday.

In October Half Term we will be going laser-tagging, and at Christmas we have booked a seasonal porcelain workshop at Prema Arts Centre. See Young People's Trips for more details (page 21).

Melanie will be running all our children and young people's activities and events. Please contact Melanie if you have any questions on 07929 360221 or email melanie@allsortsglos.org.uk.

To book contact Julie Hills on 01453 750474 or email julie@allsortsglos.org.uk.

Allsorts outings & events

Young People's Trips

MONDAY 23RD OCTOBER

Siblings Group lasertag party

JDR Karting Ltd, Unit 5, Madleaze Industrial Estate, Bristol Road, Gloucester GL1 5SG.

10.45am - 1pm, £5 per child/young person.

This will include a fun get together with 3 games of lasertag, pizza and party food afterwards. Lasertag is safe, fun and no experience is necessary to play. Places on this event are limited to 20 so book early!

WEDNESDAY 25TH OCTOBER

Youth Club creative fun outing to 'Nature in Art'

Main Rd A38, Twigworth, Gloucester, GL2 9PA. Sat Nav Postcode GL2 9PG.

10am – 1pm, £5 per child/young person, book by 21st October to guarantee your place.

We'll get creative with a Batik workshop and have our packed lunch in the sculpture garden together afterwards if fine. It's a beautiful house with a gallery of animal and wildlife paintings to see and space to relax outside.

SATURDAY 16TH DECEMBER

Sibling Group Christmas Ceramic workshop

Prema Arts Centre, South St, Uley, GL11 5SS

10.30 - 2pm, £7 per child/young person which includes all materials and firing.

Come and have fun together and make a seasonal porcelain tea light holder with Ceramic artist Karen Hinson. Bring a packed lunch.

TUESDAY 19TH DECEMBER

Christmas Youth Club Bowling Outing at Stroud Bowl

Entrance on the top floor of the Merrywalks Centre multi-storey car park, Stroud, GL5 1QA

10am -1pm, £6.00 per child/young person.

This Christmas outing is for youth club members to meet up and have a fun break together. Please book by 9th December to guarantee your space. Includes a game of bowling, chips and squash. Bring extra change for the drinks machines if you like.



Allsorts outings & events

Family Trips

We're excited to share all of our outings and events we have planned up until the end of Autumn/Winter 2017. To book on to a trip, please see the Allsorts Booking and Payment Information on page 1.

If you want to book onto a trip, have any questions, or want to discuss any requirements or support please contact Julie on 01453 750474 or email julie@allsortsglos.org.uk.

TUESDAY 24TH OCTOBER

Jumptastic

Metz Way, Gloucester, GL4 3DB

10 – 11am, £6 per child

Come for a bounce in this fantastic centre filled with wall-to-wall trampolines, exclusive to Allsorts members! There are launch platforms to leap off, full length trampolines to practice your tumbling and angled trampolines around the edges so you can bounce off the walls. Plus you can enjoy Dodgeball, the foam pit and basket slam dunk. There's a café for refreshments and the trampolines are wheelchair accessible. We have 45 child places (over 5's only) and space for 15 carers to go free. Book well in advance to avoid disappointment!

THURSDAY 26TH OCTOBER

At-Bristol

Anchor Road, Harbourside, Bristol,
BS1 5DB

Price TBC

Join us at the popular At-Bristol centre for a range of exciting and interactive experiences! The coach will leave Stratford Park at 9.15am, leaving at 2.45pm (back in Stroud at 3.45pm). If you are driving separately, aim to meet us for 10.30am inside the venue. Bring a picnic or visit the café for lunch and visit two floors of interactive exhibitions, an under 8's area, lockers and family facilities. Visit www.at-bristol.org.uk for more info.



We have support staff to help out for short periods of time on most of our family trips. Let us know when you book if you need a hand.

**SATURDAY 9TH AND
30TH DECEMBER 2017**

Sleeping Beauty Pantomime Production

The Roses Theatre, Sun Street,
Tewkesbury, Glos, GL20 5NX

Coach £2 per seat, tickets £10 per person

Coach leaves Stratford Park at 9.30am aiming to arrive in Tewkesbury for 10.30am, for an 11am showing. The return journey will be at 1.30pm, aiming to be home for 2.30pm.

Join us for a family friendly trip to the Roses Theatre in Tewkesbury, to watch the classic production Sleeping Beauty. Those meeting us there are advised to arrive for 10.30am to allow time for entry. We have been allocated a maximum of 40 seats per showing, including wheelchair accessible space, so booking in advance is essential. Please book your tickets by Monday 23rd October.

The showing on 9th December is a relaxed showing, where the volume is lowered and auditorium lights are not completely down. The showing on 30th December is the regular production. Let us know which showing would suit your family best!

DATE AND TIME TBC

Christmas Ice-Skating

The Link Centre, Whitehill Way, Westlea,
Swindon, SN5 7DL

Price TBC

Join us at the Link Centre in Swindon on their international sized ice rink! The facility is fully accessible and the centre have a range of equipment that aids participants on the ice. Dates, times and prices are to be confirmed with the Link Centre – keep an eye on the e-bulletin for more information.

If you have any questions regarding any booking or directions to the venues, contact Julie Hills on 01453 750474 or email julie@allsortsglos.org.uk



Young Adults Group

For adults with disabilities or additional needs aged 18 – 25 to attend independently or with support. This club enables group members to relax and enjoy themselves and meet other people of a similar age.

Do you or a member of your family have a disability or additional needs who enjoys interacting with people, being part of a group, learning new skills and keeping active at the same time? If the answer is YES and you are aged 18-25, then this club is for you!



Club Session

Saturdays, Archway School, 11– 2pm. £10 per adult

Play a range of different sports including Boccia, Basketball and Table Tennis. There will also be time in the afternoon to attend Archways Fitness Suite to improve your health and fitness, but this is optional as we know it's not for everyone.

Trips Out

Saturdays, 10.30am – 3.30pm. Approximately £10 per adult

As a group, you can decide where you'd like to go! It could be an event or activity such as Jumpstastic, Bowling, Indoor Rock Climbing or attending the theatre. Where else can we explore?

To book onto the Young Adults Group, please contact us on 01453 750474 or email info@allsortsglos.org.uk.



Thank you...

Thank you to...

Oldbury Cider Festival for raising **£4,500** –
a lot of fun was had!

The Stanley Singers for performing a wonderful concert
in June at Kings Stanley Village Hall and raising **£611**
– thank you to the whole choir!

Alex Higgs and his friend Mark Pitcher for raising **£600**
by taking on an epic golfing challenge, playing 72 holes
on 4 courses in only 1 day!

The current Men's Captain at Stinchombe Hill, Nigel
Hudson, for adopting Allsorts as his **charity for the year.**

Archway School for raising **£728.70** by holding a
non-uniform day for us in March!

For any enquiries relating to events or fundraising,
please do get in touch with Rosa on 07944 726444 or
email rosa@allsortsglos.org.uk

Allsorts Staff

Chief Executive

Georgia Boon

georgia.boon@allsortsglos.org.uk

07741409800

Operations Manager

Naomi Boast

naomi@allsortsglos.org.uk

01453 750474

Fundraising Manager

Rosa Barratt

rosa@allsortsglos.org.uk

07944 726444

Administrator and Finance Officer

Sally Dyer

sally@allsortsglos.org.uk

01453 750474

Admin Assistant

Julie Hills

julie@allsortsglos.org.uk

01453 750474

Toy Library Co-ordinator

Clare Garratt

clare@allsortsglos.org.uk

01453 750474

Children and Young People's Co-ordinator

Melanie Paraskeva

melanie@allsortsglos.org.uk

07929 360221

Parent Carer Support Co-ordinator

Clarissa Maidment

clarissa@allsortsglos.org.uk

07794 009663

Sports Co-ordinator

Max Pemberton

max@allsortsglos.org.uk

07872 562777

Allsorts Trustees

Chair **Kari Gerstheimer**

kari.gerstheimer@allsortsglos.org.uk

Lea Anne Ewing, Jacky Martel, Jason Richards, Sharon Marson, Alison Cathles, Mike and Stephanie Baker, Sophie Muir

Thank you

Allsorts would like to thank our dedicated team of volunteers.

Allsorts Ambassadors

Amanda Raybone JP

Chris Chatterton

David Drew

Jack Rutter

Randa Habash

Jodie Parker Hall

David Abrutat

Tweedy the Clown

Get in touch

Visit us at www.allsortsglos.org.uk

Email us at info@allsortsglos.org.uk

Call us on **01453 750474**

 [@allsortsglos](https://twitter.com/allsortsglos)  **Allsorts Gloucestershire**

Write to us at: Allsorts, The Exchange,
Brickrow, Stroud, Gloucestershire GL5 1DF

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